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 Office Number – 303.798.4571  
 Visit us on the web – www.drjodie.net



2010's 5280's Top Dentist!



## CELEBRATIONS!

Cruise to the Bahamas  
 We love our staff as we know you do also!  
 So we celebrated with a 3 day  
 cruise to the Bahamas. 🌸



Visit Our Website at:  
[www.drjodie.net](http://www.drjodie.net)

# Smiles!

NEWSLETTER

[WWW.DRJODIE.NET](http://WWW.DRJODIE.NET)

SUMMER 2010

## New Faces in the Office

As many of you already know Rebecca is our part-time front desk receptionist. She loves meeting all of you. Rebecca is originally from New York and currently resides here with her cat Precious.

Ben, one of Dr. Jodie's patients, who is on break from college is helping out in the office for the summer. 🌸



## 2010's 5280's Top Dentist!

Three years in a row Dr. Jodie has been voted one of Denver's Top Dentists! Be sure to check out the article that is featured in the June 2010 issue of 5280 Magazine. 🌸



## Sad News

Due to cut backs at Bonfils Blood Center, we are sad to report that Our Annual November Blood Drive has been canceled. Stay tuned for a replacement event! 🌸



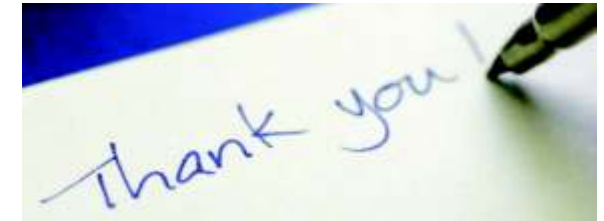
## Electric Toothbrush Rebate

Be sure to take advantage of a total of \$25 rebate on Electric Tooth Brushes. There is a \$10 mail-in rebate and a \$15 rebate redeemable at your next cleaning, thanks to Oral B. We currently sell the Triumph Electric Tooth Brush for \$109.00. We also sell the Cordless Plus Water Piks for \$46.00. 🌸



## Let's Connect on Facebook!

Our Fan Page can be found on Facebook under:  
 Jodie Moreland DDS



## Thanks for Your Referrals

We have a warm place in our hearts for those patients who give us the ultimate compliment of a referral. Thank you again for the friends and family you continue to send to our office for their dental needs. In doing this you have let us know that you appreciate the care and concern we strive to provide you. Thank you for the confidence you have placed in our team! 🌸

## It's About Time: A Drill-Free Fix for Cavities

*This article was in Popular Science Magazine.*

Bacteria love hanging out between your teeth—food gets caught there, and brushing can't reach all the germs. If the bugs settle in and form a cavity, your dentist must drill through your tooth just to get at it. But now dentists can trade their drills for a simple treatment that stops early-stage cavities.

The Icon system lets dentists halt decay between teeth. Usually when a dentist spots an early cavity—when bacteria have eaten away enough tooth such that it's a weak lattice but hasn't yet degraded into a true cavity's sinkhole—he prescribes an enamel-strengthening fluoride rinse and hopes the tooth heals itself. If that doesn't work, the only option is drilling through healthy tooth to get to the problem spot.

Icon, developed by dental-materials manufacturer DMG, does away with both the drill and the waiting time. A dentist simply slides a thin plastic applicator between the patient's teeth and squirts the cavity with hydrochloric acid, which etches away the enamel to access the tooth's deeper layers. Using a fresh applicator, he then injects a low-viscosity resin into the gaps in the tooth's lattice and hardens the resin with a quick flash of high-energy blue light to fortify the tooth.

DMG is working on a version that could hold up to the wear and tear of a tooth's chewing surfaces, which company president George Wolfe hopes to have ready in a year. ✿



## Cavity-Causing Bacteria May Have Originated in Gut

*Germ linked to tooth decay evolved from a beneficial organism, researchers say.*

New research provides insights into the genetic makeup of a germ that causes cavities, and shows why the germ does such a great job of colonizing the mouth.

The germ is known as *Bifidobacterium dentium Bd1*. Other related germs are best known for sitting in the gut and doing good things, like assisting in digestion and boosting the immune system. But this particular germ is a black sheep in the family because it is linked to tooth decay.

In the new study, researchers examined the germ's genetic makeup and found that it has adapted to the environment of the mouth: it tolerates acid, can protect itself against things that kill germs, and has other tools to survive in its environment.

The findings were published online in the journal: *PLoS Genetics*.



## Patient Tip

Is your partner snoring?  
Ask Dr Jodie about a snore guard.  
This is a mouthpiece that positions  
the lower jaw to open the  
airway and reduce snoring!

The older I get,  
the  
**smarter**  
my father seems to get.

– Tim Russert, *Big Russ and Me*

## Father's Day Trivia Some Fun Facts About Father's Day

- The idea of Father's Day was conceived in Spokane, Washington by Sonora Dodd while she listened to a Mother's Day sermon in 1909. Dodd wanted a special day to honor her father, William Smart, a widowed Civil War veteran who was left to raise his six children on a farm. The following year, June 19, 1910 was chosen for the first Father's Day celebration, proclaimed by Spokane's mayor because it was the month of her Father's birth.
- The first presidential proclamation honoring fathers was issued in 1966 when President Lyndon Johnson designated the third Sunday in June as Father's Day. Father's Day has been celebrated annually since 1972 when President Richard Nixon signed the public law that made it permanent.
- 66.3 million fathers in America.
- Neckties are an old standby and lead the list of Father's Day gifts.
- Father's Day is the fifth most popular card-sending holiday, with an estimated \$100 million in card sales.
- Father's Day is celebrated on the 3rd Sunday in June in 52 countries. Sweden and Australia celebrate on different days.
- The average person spends \$90 on Father's Day gifts. ✿

