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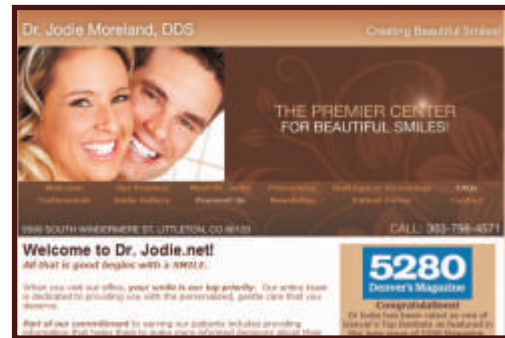
5280's Top Dentists! – Read the story for details!

5280 TOP DENTIST



The June issue of Denver's Magazine 5280 will be featuring Denver's top Dentists. Our own Dr. Jodie has been honored by her peers by being selected as one of the top dentists in Denver. ✿

NEW WEBSITE LOOK Our Website Gets a Facelift!



www.drjodie.net

Check out the make-over of our website.
 Any office events or new policies
 can be found here. ✿

Smiles!

NEWSLETTER

WWW.DRJODIE.NET

SUMMER 2008

THE LATEST NEWS

2008 Blood Drive

Our 2nd Annual Blood drive to honor our office manager Bethany who passed away in November 2006, will be coming up in November 2008.

So everyone mark your calendars – November 6, 2008.

Great gifts and prizes to all that participate!

Appointment Sign-In

Due to HIPPA regulations- we are trying to eliminate the paper sign in sheet. Therefore please verbally check in with a human at the front desk. Thanks! ✿



Thanks for Your Referrals

We have a warm place in our hearts for those patients who give us the ultimate compliment of a referral. Thank you again for the friends and family you continue to send to our office for their dental needs. In doing this you have let us know that you appreciate the care and concern we strive to provide you. Thank you for the confidence you have placed in our team!

Thank You! ✿



A warm welcome to Darleen
 our new Dental Hygienist.

A New Face in the Office

Darleen will be joining us as our second hygienist on Mondays. She comes to us from California. Darleen graduated from dental hygiene in 1984 from Foothill College in Palo Alto, California. She was born in San Francisco and lived her entire life in the Bay Area until she, her husband and six children moved to Conifer, Colorado. She loves the mountains, camping, hiking, working in her church youth program, playing the piano and harp and becoming friends with her dental patients. ✿

Advice from Dr. Jodie

When the economy is tough,
 the best thing to do is keep your
 maintenance appointments and
 do all preventative steps possible.
 This will help keep any minor issues
 from becoming major issues!



Dr. Wenyuan Shi, PhD, at UCLA

NEW RESEARCH

A Sucker for a Good Thing... UCLA Microbiologist Develops Candy That Promotes Oral Health

Because of UCLA microbiologist Wenyuan Shi, PhD, thousands of orange-flavored lollipops are rolling out of a factory in Michigan into the hands of people eager to lick them for one reason only: Dr. Shi and his lab team at the UCLA School of Dentistry have managed to make candy that's actually good for your teeth. The orange-flavored, sugar-free lollipop they've devised is infused with a natural ingredient found in licorice that kills the primary tooth decay-causing bacterium *Streptococcus mutans*.

Marketed as Dr. John's Herbal Candy, the lollipop, now available for purchase through a candy manufacturer that licenses the technology from UCLA, is the first therapeutic developed by Dr. Shi, but he has many more in the works to target bacteria wreaking havoc in the nose, ear, and gut, to name just a few.

It all emerges from a vision he had 8 years ago to apply a medical approach to dentistry—to identify the decay-

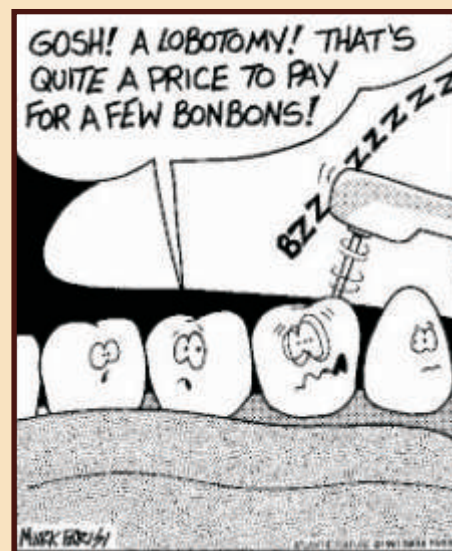
IT'S ALL ABOUT PREVENTION!

A Sucker for a Good Thing... – continued

causing pathogens among the 700 kinds of bacteria living in the human mouth, track their presence, then target them with antimicrobial “smart bombs” that he and his lab would engineer to kill the bad bacteria without harming the good. He's also working on kits to test for these devilish pathogens.

Working closely with UCLA's Office of Intellectual Property and with support of the Delta Dental Plan and other investors, Dr. Shi is living his dream as the founding scientist and scientific adviser for C3-Jian, Inc., a company valued at more than \$20 million. It is developing therapeutics as well as kits, which are now being sold to dentists in Europe and Japan, to test for patients at high risk for tooth decay. ✿

SOMETHING TO SMILE ABOUT!



Chocolate Toothpaste? Cocoa Powder Extract's Tooth Decay-Fighting Capabilities Cited

According to Arman Sadeghpour, who earned his PhD in bioinformatics from Tulane an extract of cocoa powder that occurs naturally in chocolates, teas, and other products might be an effective natural alternative to fluoride in toothpaste. In fact, his research revealed that was even more effective than fluoride in fighting cavities.

The extract, a white crystalline powder whose chemical makeup is similar to caffeine, helps harden tooth enamel, making users less susceptible to tooth decay. It could offer the first major innovation to commercial toothpaste since manufacturers began adding fluoride to toothpaste in 1914.

The extract has been proven effective in an animal model, but it will probably be another 2 to 4 years before it is approved for human use and available for sale, Dr. Sadeghpour said. He has already created a prototype of peppermint-flavored toothpaste with the cavity-fighting cocoa extract added, and his doctoral thesis research compared the extract to fluoride on the enamel surface of human teeth.

Dr. Sadeghpour's research group included scientists from Tulane, the University of New Orleans, and Louisiana State University's School of Dentistry. ✿

Tooth Brushing 101

I realize most people start brushing their teeth as toddlers, so we think that by the time we've reached adulthood, we'd be professionals. True...but lets go over basics (one of these was even new to Dr. Jodie!)

MOTION – Rolling, circular motion at a 45° angle to tooth

BRISTLES – Soft, soft, soft!

FORCE – Hold brush gently with a few fingers or use an electric with a pressure sensor

TIME – 2-3 minutes, set a timer and see how long you really spend brushing your teeth!

FREQUENCY – Only 2-3 times a day. DO NOT BRUSH immediately after consuming acidic foods and drinks.

ABRASIVITY – Toothpaste is abrasive. Only use a pea-size amount and alternate the place in the mouth to start brushing. ✿



What is Xylitol?

Xylitol is a natural sugar substitute which has found favor recently with many dental professionals, Aetna Insurance Company and even is in one of the Trident chewing gums. It has been shown to reduce tooth decay and has 40% fewer calories than table sugar. Its effectiveness is based on a frequency of use of at least 3-times a day. We have xylitol gum, mints, rinse and for a limited time candy available for sale at the office. ✿