

Dr. Jodie Moreland.
5590 South Windermere Street, Littleton, CO 80120
Office Number – 303.798.4571
Visit us on the web – www.drjodie.net



2011's 5280's Top Dentist!



CELEBRATIONS!

New Faces & Celebration!



With a heavy heart, we say a fond farewell to Gayle who will be going to work with her husband full time! She will be greatly missed! ✨



Amber has been a dental assistant for 6 years and plans to go back to school to become a dental hygienist. She enjoys working with all of her patients and believes that everyone deserves a healthy mouth and a beautiful smile. ✨

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A Special Thanks!

Thanks again to Extraordinary Massage at Ancient Art Health Center for providing our patients with such wonderful massages during August, patient appreciation month. ✨



Holiday Office Hours

Office Will Be Closed

Thursday November 24th
for Thanksgiving

Wednesday, December 21 to January 1, 2012
for the Holiday Break



Let's Connect on Facebook!

Our Fan Page can be found on Facebook under:
Jodie Moreland DDS



Canker Sores?

If you suffer from canker sores inside the mouth, one patient was helped after being on a gluten free diet because of being diagnosed with celiac disease.

Be sure to check with your Doctor. It's an easy blood test. ✨



Ways to Save \$ at the Dentist

We are all feeling the pinch in this economic down turn. The following are some suggestions depending on your situation.

1. If you are prone to gum disease please do not skip your cleaning-maintenance appointments. If you need to control costs ask to skip Doctor's exam or alternate when x-rays are taken.
2. Prevention is always more cost effective than fixing a problem. So if you are cavity prone some type of extra fluoride could save you hundreds of dollars.
3. Although insurance benefits should never dictate treatment, those of you who are lucky enough to have dental insurance and flex accounts should review plan limitations. We are happy to help with this task. Remember some plans have a "use it or lose it" clause and December is right around the corner. (I have already seen holiday decorations for sale!) ✨



Thanks for Your Referrals!

We have a warm place in our hearts for those patients who give us the ultimate compliment of a referral. Thank you again for the friends and family you continue to send to our office for their dental needs. In doing this you have let us know that you appreciate the care and concern we strive to provide you. Thank you for the confidence you have placed in our team! ✨



Who Knew...

Nashville Dentist Dr. William James Morrison invented the sugar-laden "Cotton Candy" in 1894. ✨

Dentist Inventions!

In 1869, a New Jersey Dentist Dr. Thomas B. Welch, concocted a grape drink that he called "Dr. Welch's Unfermented Wine". Today we call it Welch's Grape Juice. ✨



Check This Out!

We are pleased to announce and show off our new logo!



DR. JODIE MORELAND, DDS



DR. JODIE MORELAND, DDS
General & Cosmetic Dentistry



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Mon. 8am - 5pm
Tues. 7am - 2:30pm
Wed. 10am - 6pm
Thurs. 7am - 2:30pm



Bad BREATH

More than Just Embarrassing



Halitosis

Everyone worries about bad breath at some time or another. Unfortunately most people are not comfortable enough to tell even their best friend that it is an issue. And until a smart phone app is developed (ha ha), ask your dentist. In the meantime here are some insights:

1. The most obvious cause is gum disease please make sure you follow your dentist's recommendation if this has been diagnosed.
2. Bacteria on the tongue can cause this condition, brushing your tongue regularly and keeping your mouth moist will help.
3. Sinus and gastric issues are the other causes of halitosis. Xylitol nasal sprays, acupuncture, acupressure and supplements have been known to help in many cases. ✨

